

DESCRIPTION OF THE COURSE OF STUDY

Course code	0915.4.DI2.B/C.DwCHNW	
Name of the course in	Polish	Dietoterapia w chorobach narządu wzroku
	English	Diet therapy in sight diseases

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Dietetics
1.2. Mode of study	Full-time
1.3. Level of study	Master's Degree
1.4. Profile of study*	Practical
1.5. Person/s preparing the course description	Dr Anna Tokarska
1.6. Contact	annato@onkol.kielce.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	English
2.2. Prerequisites*	Anatomy, physiology, clinical disease, basics of human nutrition, basics of general dietetics.

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture classes/Practical classes	
3.2. Place of classes	Collegium Medicum UJK	
3.3. Form of assessment	Graded credit	
3.4. Teaching methods	Lecture: informative lectures with a multimedia presentation Practical classes: multimedia presentation, discussion, demonstration, individual student project	
3.5. Bibliography	Required reading	<ol style="list-style-type: none"> 1. Ray S., Markell M. Essentials of Nutrition. Elsevier, 2023. 2. Sharma L. A Textbook of Clinical Nutrition. Eurospan, 2022. 3. Jarosz M. Dietetyka. Żywność i żywienie w prewencji i leczeniu. IŻŻ, Warszawa, 2017. 4. Leitman M. W. Diagnostyka i postępowanie w chorobach oczu Kompendium. Wydawnictwo Medyczne, 2016.
	Further reading	<ol style="list-style-type: none"> 1. Hamulka J. Żywnienie a choroby oczu, Zakład Oceny Żywnienia Katedra Żywnienia Człowieka, Warszawa, 2010. 2. Plech A. Przejrzyj na oczy czyli jak żyć, aby długo cieszyć się świetnym wzrokiem. Vismed, 2019.

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes)
Lectures: C1. The influence of nutrition on the development of eye diseases. C2. Dietary treatment in selected eye diseases.
4.2. Detailed syllabus (including form of classes)
Lectures 1. Demographic situation of elderly people in Poland and in the world. 2. Pathophysiology of eye diseases with particular emphasis on dietary factors. 3. Age-related macular degeneration - prevention and dietary treatment. 4. Cataracts - epidemiology, causes, nutritional recommendations in the prevention and treatment of cataracts. 5. Glaucoma - epidemiology, pathophysiology, causes, dietary recommendations in the prevention and treatment of glaucoma.

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	Has knowledge of food selection and dietary nutrition planning in the process of prevention and treatment of eye diseases.	DI2P_W06 DI2P_W07

		DI2P_W08
within the scope of ABILITIES:		
U01	Can plan a menu and make correct calculations for health-promoting ingredients in the prevention and eye diseases.	DI2P_U02 DI2P_U03 DI2P_U04
within the scope of SOCIAL COMPETENCE:		
K01	Is willing to cooperate with other representatives of the medical professions and employees of the health administration in order to ensure proper dietary nutrition of patients with eye diseases.	DI2P_K02 DI2P_K04

4.4. Methods of assessment of the intended learning outcomes													
Teaching outcomes (code)	Method of assessment (+/-)												
	Test			Effort in class			Self-study						
	Form of classes			Form of classes			Form of classes						
	L	C	...	L	C	...	L	C	...				
W01	+	+			+			+					
U01	+	+			+			+					
K01					+			+					

4.5. Criteria of assessment of the intended learning outcomes		
Form of classes	Grade	Criterion of assessment
Lecture (L)	3	Test results: 61-68%
	3,5	Test results: 69-76%
	4	Test results: 77-84%
	4,5	Test results: 85-92%
	5	Test results: 93-100%
Classes (C)	3	Obtaining 61-68% of the maximum number of points in the colloquium, active participation in classes and own work.
	3,5	Obtaining 69-76% of the maximum number of points in the colloquium, active participation in classes and own work.
	4	Obtaining 77-84% of the maximum number of points in the colloquium, active participation in classes and own work.
	4,5	Obtaining 85-92% of the maximum number of points in the colloquium, active participation in classes and own work.
	5	Obtaining 93-100% of the maximum number of points in the colloquium, active participation in classes and own work.

5. BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
<i>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</i>	30	20
<i>Participation in lectures</i>	15	10
<i>Participation in classes</i>	15	10
<i>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</i>	20	30
<i>Preparation for the lecture</i>	10	15
<i>Preparation for the classes</i>	10	15
<i>TOTAL NUMBER OF HOURS</i>	50	50
ECTS credits for the course of study	2	2

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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